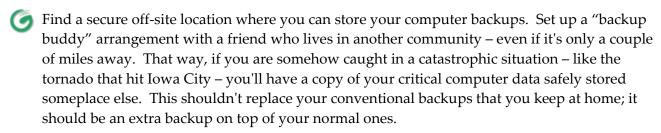
# **Brian Gongol's Security Update**

Weekly Checklist for April 22, 2006

See <u>www.gongol.com</u> for updates throughout the week

### **Urgent This Week:**



If your business hasn't made plans for some key employees to work off-site in case of disaster, bring it up with someone in charge. One study says that if we encountered a flu pandemic, 40% of health-care employees wouldn't make it to work. Can your firm survive with 40% of its people out of the office? Now is the time to plan ahead so key employees can still do work if they can't make it to the office.

#### **Important to Do Every Week:**

- Run a backup of your important computer files and store it in a safe location.
- Update your anti-spyware software and run it. If you need free anti-spyware software, visit http://www.safer-networking.org/en/spybotsd/ and download Spybot Search and Destroy.
- Update your anti-virus software and run it. If you need free anti-virus software, visit http://free.grisoft.com and download AVG Anti-Virus.

### Other Recommended Security Measures:

- Set up a limited-access user account on your computer and use it for most purposes. See http://www.gongol.com/howto/createalternateadmin/ for complete instructions.
- Use Firefox, Opera, Safari, or another web browser other than Internet Explorer. See http://www.gongol.com/howto/getanewbrowser/ for complete instructions.

## Other Helpful Links:

- Listen to the WHO Radio Wise Guys Saturdays from 12:00 2:00 Central via streaming audio at http://www.whoradio.com/ or on 1040 AM.
- Get a professional website for under \$500 at http://www.northernrepublic.com/